

# Girls' ESDAA Tournament Team Lay-up Competition

All of the players from each Team will participate. Teams will line up behind a designated spot on three point line. Teams will have a minute and a half warm-up on the right side and then shoot for three minutes for points. Each basket will count as one point. Teams will then have a minute and a half warm-up on the left side followed by three minutes for points. The Team with the most points is the winner. Ties will be played off by shooting two minutes down each side.

The Coach will rebound and pass the ball to players behind the designated spot.

Designated spots are marked below.

