

**HOT SHOT COMPETITION
GIRLS DIVISION I BASKETBALL**

****Revised March 25, 2004**

This is an individual competition and should have a trophy given to one girl, not the team.

****If more than 6 teams in tournament:**

Each team will hold their own competition, at home, before the tournament. Their two (2) top point scorers will then be entered in the final competition to be held at the tournament. Each team will have two girls participate in the finals. The top point scorer from the final competition will be the winner.

If 6 or less teams in tournament:

Each player from each team will compete in the competition at the tournament. The top two (2) point scorers will then be entered in the finals competition.

Rules:

1. The player starts in the half court circle with the ball on the floor
2. Each player has one (1) minute to shoot and rebound her own shot
3. Players must have at least a part of her foot on the marked (spot) area on the floor
4. The player cannot shoot continual lay-ups from the same spot, they must move to another spot if they make the lay-up basket. If they miss from the lay-up spot, they may try again from that same spot
5. Players can make continual shots from any other spot (2, 3 or 5 pts.)
6. Any shot made from outside the 3 point arch is worth 5 points
7. If a players foot is not touching any part of the spot on the floor and the basket goes in – it will not count
8. If a players foot is touching the 3 point arch line and the shot goes in - it will not count

Below is a diagram of the exact measurements for each spot:

