

ESDAA
Division I Cheerleading

Appendix A

Beginning with the 2001-02 tournament, a score was added for the degree of difficulty of the unison jump in Cheer #1. In keeping with the five-point rating system of the judge's sheets, there are five levels of difficulty as follows:

Level One: "C", Banana, Tuck

Level Two: Jumping Jack, Scissors

Level Three: Spread-eagle, Herkie, Stag Sit



Herkie



Stag Sit

Level Four: Abstract, Hurdler, Double Nine



Abstract



Hurdler



Double Nine

Level Five: Pike, Toe Touch, Around the World, Combination jumps



Pike



Toe Touch



Around the World